



Sept 6 -Arrivan and introduction

Flight to Medellin (AM) transfer to the hotel from the airport. Drop off luggage. Lunch on own. 2pm Walking tour through El Poblado with a fashion designer, we will visit stores and brands that are leading a sustainable fashion revolution. 7pm Dinner at OCI, a restaurant recognized for reinventing Colombian cuisine, rescuing ingredients and social practices that change realities.



Sept 7 - Medellin's reborn

9am We will start with the Museo Casa de la Memoria, to understand the dynamics and actors of the conflict. Then we will have a tour of Comuna 13 with Sonbatá, an Afro-Colombian artistic collective that has resisted and created opportunities for change with music and dance.

Lunch will be at a community-owned restaurant led by the women of the community. End 4pm

8pm Dinner at Alambique restaurant.



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 version)



Medellin Sept 6 to 8

Stories of resilience and social innovation

Sept 8 - Moravia

9am we will take a tour of a neighborhood that was transformed from a garbage dump to an international case of urban renewal. Accompanied by a social leader, we will visit the iconic places of the territory and the community projects that have given sustenance to this drastic transformation.

12pm Lunch at a Colombian Pacific restaurant.

1pm Drive straight to the airport to take return flight to Bogota.



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Minimum group: 4 people
Maximum group size: 10 people

Includes

- Individual transfer from Bogota hotel to Bogota Airport.
- Flight Bogota - Medellin - Bogota (Economy, carry-on baggage of 10kg).
- Group transfer Airport - Hotel Medellin.
- 2 nights accommodation in Medellin with breakfast.
- All meals specified in the itinerary.
- Transportation for the tours and all expenses.
- Bilingual Impulse Guide.
- Local guides on the tours.
- Contributions to Social Enterprises.

Not included

- Travel insurance.
- Lunch on day 1.
- Changes of itinerary or flights.
- Gratuities.

Levels of demand

The levels of physical demand are low. You will walk about 4KM per day. The neighborhoods have uneven terrain so it is not recommended for a person who requires walking assistance or a wheelchair.

Lodging

Lodging is at the Diez Hotel. The price is based on double occupancy. If single accommodation is required, there is an additional charge of \$150 for the entire trip.

Flights

Flights Bogota - Medellin - Bogota are included. If traveling from another destination or to another final destination, there will be an additional cost depending on the destination.

In transit services

We can provide in-transit accommodation and transport for an additional cost.



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