



Ecoadventure: Natural Island Splendor

FITNESS LEVEL: 3

From farm tours to caving adventures, this adventure takes you to Puerto Rico's treasured natural settings – coastal valleys, the island's karst system, wetlands, mangroves, salt flats, coral reef reserves, bioluminescent bays and much more. This trip centers on outdoor experiences around the north and west areas of the island.



Agenda

DAY 1

- Transfer to property
- Check in at Casa Sol
- Transferto dinner
- Dinner at Cocina Pública

DAY 2

- Semilla cocoa experience
- Lunch at Salitre Meson Costero
- Transfer to Vaca Negra experience
- Vaca Negra experience
- Transferto Cabo Rojo
- Check in at Combate Beach Resort
- Dinner at Varadero Seafood

Day 3

- Transferto Hacienda Tahiti
- Hacienda Tahiti experience
- Leisure time
- Transferto La Parguera
- Bio Bay tour
- Dinner at Aquamarine

Day 4

- Checkout of property
- Transferto convention



LODGING: CASA SOL BED & BREAKFAST

Caressed by the warm winds of the Atlantic and surrounded by history and culture, Casa Sol is the first B&B located within legendary Old San Juan. Guests enjoy the experience of lodging in a colonial building built in the 18th century that has been restored and decorated to reach a modern ambiance by its owners Eddie Ramírez and Margarita Pastor. Casa Sol is a piece of architecture that evokes the past, but offers the modern traveler personal attention in a cozy and familyfriendly environment.



LODGING: COMBATE BEACH RESORT

Your idyllic retreat into Puerto Rico's secluded southwestern region begins at our boutique hotel nestled into the picturesque coastline of unspoiled Cabo Rojo.

Step into our 47-room, boutique hotel and enjoy all the amenities needed for a rewarding stay. Our quality service and facilities make it the mostawarded hotel in the island.

Explore the rugged terrain, windswept vistas and azure waters that surround our inviting retreat, from natural wonders to historic sites. Relax in the shade of lush palms by the edge of our outdoor pools. Take advantage of our many recreational activities, including basketball, volleyball, kayaking and mountain biking.





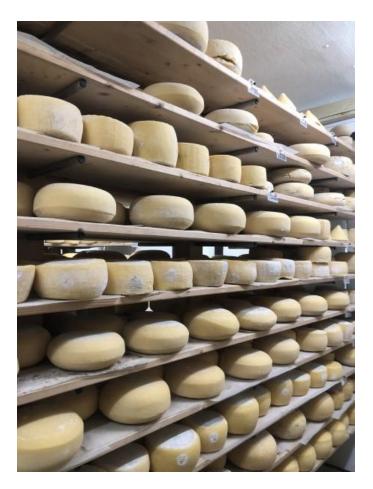
SEMILA COCOA EXPERIENCE BARCELONETA

This cocoa experience is in the town of Barceloneta and offers a chocolate tasting and historical tour of cocoa in Puerto Rico.



VACA NEGRA EXPERIENCE

Vaca Negra offers you an agrotourism and gastronomic experience in Hatillo. Enjoy the world of 100% aged cheeses in Puerto Rico. Learn all about the making of artisanal cheeses while taste-testing all your favorites. Live the experience of an innovative concept that has captivated Puerto Rican and visitors from around the world.





HACIENDA TAHITÍ EXPERIENCE Cabo Rojo

This is a beautiful 25-acre farm growing pitahayas or dragon fruit and ornamental plants, with four unique accommodations right in the heart of the pitahaya growing farm. Enjoy walks around the tree tunnel trails the pitahayas and palms. Delight yourself with the ornamental plants around the open nursery.



LAJAS

La Parguera is a bioluminescent bay found in the southern town of Lajas – a two-hour drive from San Juan. One of three bioluminescent bays found along Puerto Rico's coastline, the bay's glowing effect is made possible by micro-organisms called dinoflagellates, which emit a short burst of light when the water is agitated. Various tour companies offer nightly kayak or boat trips to explore the bay's waters. Contrary to the other two bio bays found in Puerto Rico, La Parguera is the only one where swimming in the vivid waters is allowed – don't forget to pack your bathing suit.





CULINARY EXPERIENCES

Restaurants to be included:

- Cocina Pública
- Salitre Meson Costero
- Varadero Seafood
- Aquamarina



